

We broadly follow the Coram Life Education scheme of work, adapted to the requirements of our children. As the children progress through school, topics are revisited and developed further as appropriate to their age.

AGE PHASE	YEAR GROUP	AUTUMN		SPRING		SUMMER	
EYFS	Nursery	<p>Me and my Relationships Lessons: Marvellous Me! I'm special People who are special to me</p>	<p>Valuing difference Lessons: Me and my friends Including everyone Friends and family</p>	<p>Keeping myself safe Lessons: Safety indoors and outdoors What's safe to go into my body? Looking after my environment</p>	<p>Rights and responsibilities Lessons: I can keep trying I can do it!</p>	<p>Being my Best Lessons: People who help me and keep me safe Looking after myself What does my body need?</p>	<p>Non Coram Life Education Lessons: Road Safety Sun Safety</p>
	Reception	<p>Me and my Relationships Lessons: All about Me What makes me Special Me and my special people Who can help me? My feelings My feelings (2)</p>	<p>Valuing difference Lessons: I'm special, you're special (British values) Same and different (British values) Same and different families Same and different homes (British values) I am caring (British values) I am a friend (British values)</p>	<p>Keeping myself safe Lessons: What's safe to go into my body? Keeping myself safe Safe indoors and outdoors Listening to my feelings Keeping safe online People who help to keep me safe</p>	<p>Rights and responsibilities Lessons: Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money -1 Looking after money-2</p>	<p>Growing and Changing Includes RSE related issues Lessons: Seasons Life stages plants, animals, humans Life stages human life stage who will I be? Where do babies come from? Getting bigger Me and my body – girls and boys</p>	<p>Being my Best Lessons: Bouncing back when things go wrong Yes I can! Healthy eating My healthy mind Move your body A good night's sleep Additional lessons: Road Safety</p>
KS1	1	<p>Me and my Relationships Includes feelings/emotions/ Conflict resolution/ Friendships Lessons: Why we have classroom rules How are you listening? Thinking about feelings Our feelings Feelings and bodies Good friends</p>	<p>Valuing difference Includes British Values focus Lessons: Same or different? (British values) Unkind, tease or bully? Harold's school rules It's not fair! (British values) Who are our special people? Our special people balloons</p>	<p>Keeping myself safe Includes aspects of Relationship Education Lessons: Super sleep Who can help? 1 Good or bad touches? Sharing pictures What could Harold do? Harold loses Geoffrey</p>	<p>Rights and responsibilities Includes money, living in the wider world/environment Lessons: Harold has a bad day Around and about the school Taking care of something (British values) Harold's money How should we look after our money? Basic first aid</p>	<p>Being my Best Includes keeping healthy/Growth Mindset/goal setting/achievement Lessons: I can eat a rainbow Eat well Harold's wash and brush up Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise!</p>	<p>Growing and Changing Includes RSE related issues Lessons: Healthy me Then and now Taking care of a baby Who can help? 2 Surprises and secrets Keeping privates private</p>

	2	<p>Me and my Relationships Includes feelings/emotions/ Conflict resolution/ Friendships</p> <p>Lessons: Our ideal classroom 1 (British values) How are you feeling today? Let's all be happy Being a good friend Types of bullying Don't do that! Bullying or teasing</p>	<p>Valuing difference Includes British Values focus</p> <p>Lessons: What makes us who we are? My special people How do we make others feel? When someone is feeling left out (British values) An act of kindness (British values) Solve the problem</p>	<p>Keeping myself safe Includes aspects of Relationship Education</p> <p>Lessons: Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Getting on with others (British values)</p>	<p>Rights and responsibilities Includes money, living in the wider world/environment</p> <p>Lessons: Getting on with others (British values) When I feel like erupting Feeling safe Playing games Harold saves for something special How can we look after our environment?</p>	<p>Being my Best Includes keeping healthy/ Growth Mindset/goal setting/achievement</p> <p>Lessons: You can do it! My day Harold's postcard Harold's bathroom What does my body do? Basic first aid</p>	<p>Growing and Changing Includes RSE related issues</p> <p>Lessons: A helping hand Sam moves away Haven't you grown? My body, your body Respecting privacy Some secrets should never be kept</p>
LKS2	3	<p>Me and my Relationships Includes feelings/emotions/ Conflict resolution/ Friendships</p> <p>Lessons: As a rule (British values) Looking after our special people How can we solve this problem? Friends are special Thanks Dan's dare</p>	<p>Valuing difference Includes British Values focus</p> <p>Lessons: Respect and challenge Family and friends My community Our friends and neighbours (British values) Let's celebrate our differences (British values) Zeb</p>	<p>Keeping myself safe Includes aspects of safe internet use, drugs and Relationship Education</p> <p>Lessons: Safe or unsafe? Danger or risk? The risk robot Super searcher Help or harm? Alcohol and cigarettes the facts</p>	<p>Rights and responsibilities Includes money, living in the wider world/environment</p> <p>Lessons: Helping each other to stay Recount task Our helpful volunteers Can Harold afford it? Earning money Harold's environment project</p>	<p>Being my Best Includes keeping healthy/ Growth Mindset/goal setting/achievement</p> <p>Lessons: Derek cooks dinner Poorly Harold Body team work For or against? I am fantastic! Top talents</p>	<p>Growing and Changing Includes RSE related issues</p> <p>Lessons: Relationship tree Body space None of your business! Secret or surprise! Basic first aid</p>
	4	<p>Me and my Relationships Includes feelings/emotions/ Conflict resolution/ Friendships</p> <p>Lessons: Human machines Ok or not ok? 1 Ok or not ok? 2 An email from Harold! Different feelings Under pressure</p>	<p>Valuing difference Includes British Values focus</p> <p>Lessons: Can you sort it? (British values) What would I do? (British values) The people we share our world with (British values) That is such a stereotype! Friend or acquaintance? Islands</p>	<p>Keeping myself safe Includes aspects of safe internet use, drugs and Relationship Education</p> <p>Lessons: Danger, risk or hazard? How dare you! Keeping oursekves safe Raisin challenge 2 Picture wise Medicines: check the label</p>	<p>Rights and responsibilities Includes money, living in the wider world/environment</p> <p>Lessons: Who helps us stay healthy and safe? It's your right (British values) How do we make a difference? (British values) In the news! Safety in numbers Why pay taxes?</p>	<p>Being my Best Includes keeping healthy/ Growth Mindset/goal setting/achievement</p> <p>Lessons: What makes me ME! Making choices SCARF hotel Harold's seven Rs My school community 1 Basic first aid</p>	<p>Growing and Changing Includes RSE related issues</p> <p>Lessons: Moving house My feelings are all over the place! My changing body/ Preparing for change at puberty-lessons to be consolidated -Girls only Secret or surprise? Together</p>

UKS2	5	<p>Me and my Relationships Includes feelings/emotions/ Conflict resolution/ Friendships</p> <p>Lessons: Collaboration challenge Give and take How good a friend are you? Relationship cake recipe Our emotional needs Being assertive</p>	<p>Valuing difference Includes British Values focus</p> <p>Lessons: Qualities of friendship Kind conversations (British values) Happy being me The land of the Red people (British values) Is it true? Stop, start, stereotypes</p>	<p>Keeping myself safe Includes aspects of safe internet use, drugs and Relationship Education</p> <p>Lessons: Spot bullying Play, like, share Decision dilemmas Ella's diary dilemma Vaping: healthy or unhealthy? Would you risk it?</p>	<p>Rights and responsibilities Includes money, living in the wider world/environment</p> <p>Lessons: What's the story? Fact or fiction? Mo makes a difference Rights, respect and duties Spending wisely Lend us a fiver!</p>	<p>Being my Best Includes keeping healthy/ Growth Mindset/goal setting/achievement</p> <p>Lessons: It all adds up! Different skills My school community 2 Independence and responsibility Star qualities? Basic first aid</p>	<p>Growing and Changing Includes RSE related issues</p> <p>Lessons: All change How are you feeling? Taking notice of our feelings Dear Ash My changing body/ Preparing for change at puberty lessons to be consolidated and taught to boys prior to All change! Growing up and changing bodies (excluding FGM) Changing bodies and feelings (excluding FGM) Help! I'm a teenager get me out of here!</p>
	6	<p>Me and my Relationships Includes feelings/emotions/ Conflict resolution/ Friendships</p> <p>Lessons: Working together Let's negotiate Solve the friendship problem Dan's day Behave yourself Assertiveness skills Don't force me Acting appropriately</p>	<p>Valuing difference Includes British Values focus</p> <p>Lessons: OK to be different (British values) We have more in common than not Respecting differences Tolerance and respect for others British values Advertising friendships! Boys will be boys?</p>	<p>Keeping myself safe Includes aspects of safe internet use, drugs and Relationship Education</p> <p>Lessons: Think before you click To share or not to share? Rat park What sort of drug is ? Drugs: it's the law! Alcohol: what is normal?</p>	<p>Rights and responsibilities Includes money, living in the wider world/environment</p> <p>Lessons: Two sides to every story Fakebook friends What's it worth? Happy shoppers caring for the environment Democracy in Britain 1 (British values) Democracy in Britain 2 (British values)</p>	<p>Being my Best Includes keeping healthy/ Growth Mindset/goal setting/achievement</p> <p>Lessons: This will be your life! Our recommendations What's the risk? 1 What's the risk? 2 Basic first aid Five ways to wellbeing project</p>	<p>Growing and Changing Includes RSE related issues</p> <p>Lessons: I look great! Media manipulation Pressure online Helpful or unhelpful? Managing change Is this normal? (excluding FGM) Making babies (Not contraception)</p>